



49TH KOGS

**ANNUAL
SCIENTIFIC
CONGRESS**

**2
0
2
5**

**THEME: COLLABORATIVE PARTNERSHIPS FOR MATERNAL HEALTH:
BUILDING ALLIANCES BETWEEN STAKEHOLDERS TO PREVENT MATERNAL MORTALITY, SHARE
BEST PRACTICES, AND DRIVE SYSTEMIC CHANGE THROUGH INNOVATION**

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ADVANCED WOUND CARE
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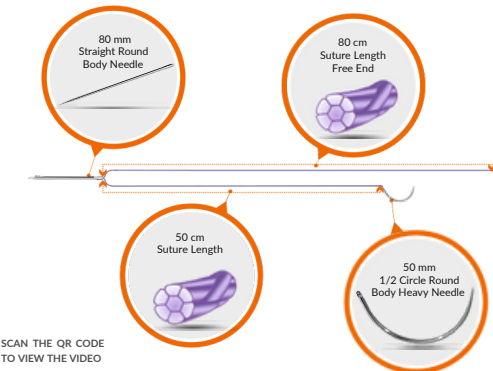
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THE PROGRAMME**

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Welcome **Message**

The success of the 49th Kenya Obstetrical and Gynaecological Society (KOGS) Annual Scientific Congress is the result of the dedication and collective efforts of many individuals and partners, led by the KOGS Council.

We sincerely acknowledge the invaluable contributions, commitment, and technical support of all who participated in both in-person and virtual engagements that have culminated in this exceptional congress.

Special gratitude goes to the KOGS Coast Branch, branch chairpersons from across the country, and our partners for their unwavering dedication and creating an enabling environment for this important event.

We also extend our heartfelt appreciation to the Secretariat team - Gabriella, Maulida, Rollence, Clare and Ian for their tireless efforts to ensure the success of the 49TH KOGS Congress.

Lastly, we are deeply grateful to our Sponsors and Partners for their generous financial support and collaboration. Their contributions are highlighted in the Industry Support and Exhibition section of the program and on the KOGS website.

While it is not possible to name every individual and organization involved, we want to express our sincere gratitude to all of you.

Asante Sana!

- Prof. Obimbo Moses -
Honorary Secretary

NATIONAL ANTHEM



Ee Mungu nguvu yetu
Ilete baraka kwetu
Haki iwe ngao na mlinzi
Natukae na undugu
Amani na uhuru
Raha tupate na ustawi

Amkeni ndugu zetu
Tufanye sote bidii
Nasi tujitoe kwa nguvu
Nchi yetu ya Kenya
Tunayoipenda
Tuwe tayari kuilinda

Natujenge taifa letu
Ee, ndio wajibu wetu
Kenya istahili heshima
Tuungane mikono
Pamoja kazini
Kila siku tuwe na
shukrani

O God of all creation
Bless this our land and nation
Justice be our shield and defender
May we dwell in unity
Peace and liberty
Plenty be found within our borders

Let one and all arise
With hearts both strong and true
Service be our earnest endeavour
And our homeland of Kenya
Heritage of splendour
Firm may we stand to defend.

Let all with one accord
In common bond united
Build this our nation together
And the glory of Kenya
The fruit of our labour
Fill every heart with thanksgiving.

EAST AFRICA ANTHEM

Jumuiya Yetu sote tulinde
Tuwajibike tuimarike
Umoja wetu ni nguzo yetu
Idumu Jumuiya yetu.

Ee Mungu twakuomba ulinde
Jumuiya Africa Mashariki
Tuwezeshe kuishi kwa amani
Tutimize na malengo yetu

Uzalendo pia mshikamano
Viwe msingi wa Umoja wetu
Natulinde Uhuru na Amani
Mila zetu na desturi zetu.

Viwandani na hata mashambani
Tufanye kazi sote kwa makini
Tujitoe kwa hali na mali
Tuijenge Jumuiya bora

We should protect/guard our community
We should be committed and
Stand strong
Our unity is our anchor
Long live our community

Oh God we pray
For preservation of the East African Community
Enable us to live in peace
May we fulfill our objectives

Patriotism and togetherness
Be the pillars of our unity
May we guard our independence
And peace
Our culture and traditions

Industries and farms
We should work together
We should work hard
We should build a better community

LIST OF PAST CHAIPERSONS

YEAR	<u>NAME</u>
1976 - 1977	Dr. P.L .Candler
1977 - 1978	Dr. S.M .Mathai
1978 - 1981	Prof. J.K.G .Mati
1981 - 1982	Dr. S. Mathai
1982 - 1984	Dr. D. Waghmarae
1984 - 1986	Dr. B.S .Khehar
1986 - 1988	Dr. S.W .Musilla
1988 - 1993	Dr. D.V .Dhupa
1993 - 1997	Prof. S.B.O Ojwang
1997 - 2001	Dr. Ochiel S
2001 - 2005	Prof. J.G Karanja
2005 - 2009	Prof. Omondi Ogutu
2009 - 2010	Dr. Njoroge Waitthaka
2010 - 2013	Prof. Boaz Otieno Nyunya
2013 - 2016	Dr. Kihara Anne Beatrice
2017 - 2020	Dr. Benjamin Odongo Elly
2021 - Present	Dr. Kireki Omanwa





ABOUT KOGS

Kenya Obstetrical and Gynecological Society (KOGS) is a professional not-for-profit society established in 1975, under the Societies Act (cap 108) of the Laws of Kenya, with the aim of bringing together gynecologists and obstetricians from all over the Republic of Kenya.

The organization is open to and draws its membership based on its constitution consisting of four categories which include full, associate, honorary and corporate membership. Full membership comprises founder members and registered to practice qualified medical gynecologists and obstetricians in Kenya; Associate membership includes either qualified medical gynecologists or obstetricians in Kenya or individuals involved in disciplines other than obstetrics and gynecology who in the opinion of the Council contribute to the progress of the Society, Art and Science; Honorary membership comprising individuals of high standing in society and in the profession who in the opinion of Council have made important contributions to the field or cause of obstetrics and gynecology; and Corporate membership which may be conferred by the Council to any society, company, organization or any other body corporate in recognition of significant monetary or other value contribution to the Society in advancement of the Society's objectives and interests of obstetrics and gynecology.

KOGS members are guided by the WHO's "five-star doctor" principles of a Health Professional, namely; being a health care provider; learner/teacher; researcher; manager of resources and a leader.

The society is guided by its fundamental principles of its objectives and mandate including:

- Encouraging a high standard of practice in the art and science of obstetrics and gynecology in Kenya in order to attain the best possible level of health for the women and children in Kenya
- Encouraging and assisting in the teaching of obstetrics and gynecology in Kenya.
- Promoting friendship and exchange of ideas among the obstetricians and gynecologist in Kenya.
- Holding periodic meetings of the members of the Society and of the medical profession generally for scientific and social purposes.
- Establishing and maintaining liaison whether by meeting or correspondence or otherwise with other medical societies throughout the world.
- Publishing a periodical journal (JOGECA) at such intervals as shall be deemed necessary by Council of the society to disseminate current academic and research findings hence enhancing knowledge related to the discipline.



OUR VISION

VISION

To be a world class society, advocating for sexual and reproductive well-being of women, families and communities.

MISSION

To champion provision of quality and value added sexual and reproductive health rights (SRHR) services through leadership, advocacy, mentorship, training and research.

CORE VALUES

Our fundamental core values are:

- Professionalism
- Collaboration
- Integrity
- Compassion
- Creativity and innovativeness

STRATEGIC PILLARS

1. Leadership and Governance
2. Mentorship, Education and Training
3. Advocacy
4. Research and Development
5. Membership
6. Growth and Business Development
7. Community Engagement
8. Collaboration and Partnerships





Message From The **President**

It is with immense joy and gratitude that I reflect on the journey of the Kenya Obstetrical and Gynaecological Society (KOGS). Over the years, we have celebrated remarkable milestones and navigated challenges that have strengthened our resolve. As we gather for the 49th Annual Scientific Congress, KOGS continues to stand at the forefront of advancing women's health in Kenya.

This year's theme, "Collaborative Partnerships for Maternal Health: Building Alliances Between Stakeholders to Prevent Maternal Mortality, Share Best Practices, and Drive Systemic Change Through Innovation," highlights our collective responsibility in addressing the pressing challenges in maternal health.

The impact of our work extends beyond healthcare systems - it transforms the lives of women, their families, and communities. As healthcare professionals, policymakers, and advocates, we must remain steadfast in our commitment to empowering women to achieve their aspirations and lead healthier lives.

I am profoundly grateful for the unwavering support, dedication, and passion of every member and partner who contributes to KOGS' mission. Together, let us seize this congress as an opportunity to deepen collaboration, inspire innovation, and reaffirm our shared purpose of reducing maternal mortality and advancing maternal health.

Thank you for being part of this journey. Let us continue to move forward, united in our efforts to drive systemic change and make a lasting impact.

- Dr. Kireki Omanwa -
KOGS President



Prof. Kihara A.B

MERIT AWARDS

Dr. Hiba Ahmed Tahjui

Best Female Student, Master of Medicine in
Obstetrics & Gynaecology (UON)

Dr. Ngoigo Moses Maina

Best Male Student, Master of Medicine in
Obstetrics & Gynaecology (UON)

Wendy Rhoda Matendechele

Top Student at Moi University's Department of
Reproductive Health MBChB VI End of Year Examination
2025 February

PRE-CONGRESS WORKSHOPS

KES 5,000

CPD ACCREDITED



49TH KOGS Pre-Congress 1

THE DOPPLER MODALITY IN FETO-MATERNAL MEDICINE

Gain expert insights with sessions on optimizing Doppler studies, IUGR dilemmas, placenta accreta spectrum, and comprehensive screening protocols for the 1st and 2nd trimesters. Learn how to standardize sonographic follow-ups and tackle selective IUGR with precision.



SPEAKER

PROF. HISHAM ELGAMMAL



8:00AM TO 4:00PM | SAROVA WHITESANDS HOTEL

17TH & 18TH FEBRUARY 2025

mindray

healthcare within reach



LIPA NA M-PESA

PAYBILL: 909010

ACCOUNT: PRECONGRESS 1



PRE-CONGRESS WORKSHOPS

KES 5,000

CPD ACCREDITED



49TH KOGS Pre-Congress '2'

'Gender Transformative Approaches To Leadership In Addressing Barriers To E-Motive And Anaemia In Pregnancy'



SPEAKER
DR. ODONGO ELLY



SPEAKER
DR. MAINA NGOIGO



SPEAKER
EUNICE ATSALI



MODERATOR
PROF. OBIMBO MOSES

8:00AM TO 1:00PM | SAROVA WHITESANDS HOTEL
18TH FEBRUARY 2025

LIPA NA MPESA

PAYBILL: 909010

ACCOUNT: PRECONGRESS 2

LDI:REACH
Right care, every birth

PRE-CONGRESS WORKSHOPS

KES 5,000

CPD ACCREDITED



49TH KOGS Pre-Congress '3'

ADVANCED COMPREHENSIVE OBSTETRICS, SURGICAL SKILLS WORKSHOP

Gain expert insights and Take your skills to the next level with this hands-on, expert-led workshop designed to enhance advanced surgical techniques in obstetrics.



SPEAKER

PROF. CHARLES AMEH



8:00AM TO 4:00PM | SAROVA WHITESANDS HOTEL

18TH FEBRUARY 2025

125
YEARS
1898 - 2023

LSTM
LIVERPOOL SCHOOL
OF TROPICAL MEDICINE



LIPA NA M-PESA

PAYBILL: 909010

ACCOUNT: PRECONGRESS 3



PRE-CONGRESS WORKSHOPS

KES 10,000

CPD ACCREDITED



49TH KOGS Pre-Congress '4'
'Hormone Health for the Kenyan Woman'



FACILITATOR
DR. DORCUS MUCHIRI



FACILITATOR
DR. PHILOMENA OWENDE



FACILITATOR
DR. JOHNSTONE MIHESO

 2:00PM TO 5:00PM | SAROVA WHITESANDS HOTEL
18TH FEBRUARY 2025

LIPA NA M-PESA

PAYBILL: 909010

ACCOUNT: PRECONGRESS 4

Empower yourself with knowledge on hormone health and its impact on women's well-being. This insightful session is tailored to address hormonal health challenges and solutions for Kenyan women.

PRE-CONGRESS WORKSHOPS

KES 5,000

CPD ACCREDITED



49TH KOGS Pre-Congress '5'

Evidence Based Approach for PPH Prevention and Management using the WHO 1st Response bundle

Join us for the Evidence-Based Approach for PPH Prevention and Management Using the WHO 1st Response Bundle – a must-attend workshop for healthcare professionals dedicated to saving lives and improving maternal outcomes.



9:00AM TO 3:00PM | SAROVA WHITESANDS HOTEL

18TH FEBRUARY 2025



LIPA NA MOPESA

PAYBILL: 909010

ACCOUNT: PRECONGRESS 5



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PROGRAM SCHEDULE WEDNESDAY | 19TH FEBRUARY 2025

- 09.00 - 09.45 A.M**
- **ARRIVAL & REGISTRATION**
 - **HIGHLIGHTS FROM KOGS 2024: A RECAP**
 - **KEY HIGHLIGHTS TO WATCH FOR AT THE 49TH KOGS ANNUAL SCIENTIFIC CONGRESS**

Facilitator: Dr. Kennedy Onyango

- 09.45 - 10.30 A.M**
- Male Infertility: Role Of Micronutrients Beyond Conventional Parameters.**
- (Supported by SISI Pharmaceuticals)
- Speaker: Dr. Maureen Owiti

Chair: Dr. Simon Kigundu, Co-Chair: Dr. Claire Mwangi

- 10.30 - 11.00 A.M**
- TEA BREAK**

- 11.00 - 11.45 A.M**
- Evaluation Of Ovarian Reserve And Recurrence Rate After DWLS Diode Laser Ovarian Endometrioma Vaporization (OMALASER)**
- (Supported by MEDIGLOBE SOLUTIONS)
- Speaker: Roberto Divieto

Chair: Dr. Kireki Omanwa, Co-Chair: Dr. Carolyne Achieng' Auma

- 11.45 - 01.00 P.M**
- TRACK SESSIONS**
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- TRACK 2 A (PAGE 16):
- TRACK 3 A (PAGE 17):
- TRACK 4 A (PAGE 18):
- CONTINUATION OF PROGRAMME (PAGE 19)



PROGRAMME SCHEDULE WEDNESDAY | 19TH FEB 2025 | TRACK 1A

11.45 - 01.00 P.M

TRACK '1A' TOPIC: MATERNAL-FETAL MEDICINE

Chair: Dr. Flavia Ogutu, Co-Chair: Dr. Alex Bosire

1. Spontaneous conception following a B-lynch for atonic Couvelaire uterus:
A case report
Michael Maina, Evan Sequeira
2. Von Willebrand disease and pregnancy: A case report
Khushboo Jayant Sonigra, Maxwell Nyaranga Obong'o, Kireki Omanwa
3. Measles in pregnancy resulting in severe maternal illness and pregnancy loss:
A case report
Justus Wambugu, Ingrid Gichere
4. Advancing maternal health outcomes through obstetric point-of-care ultrasound (POCUS): Innovations and collaborative partnerships
Wilkister Cindy Aketch, Monica Oguttu, Liddy Dulo
5. Theca lutein cysts in spontaneous singleton pregnancy: A case report and literature review
Felix Nyagaka, Nidhi Leekha, Patricia Muthaura



PROGRAMME SCHEDULE WEDNESDAY | 19TH FEB 2025 | TRACK 2A

11.45 - 01.00 P.M

TRACK '2A' TOPIC: GYNECOLOGICAL ONCOLOGY & GYNECOLOGY

Chair: Dr. Anisa Mburu, Co-Chair: Dr. Alfred Mokomba

1. Impact of percutaneous nephrostomy on clinical outcomes in advanced carcinoma cervix with obstructive uropathy at Kenyatta National Hospital
Brenda Kiende, Koigi Kamau, Eunice Cheserem
2. Conception after breast cancer: A case report
Bruno Bongo, Evan Sequiera
3. Endometrial osseous metaplasia and its impact on reproductive health: A case report
Martin Odhiambo, Beatrice Migongo, Felix Oindi
4. Vaginal spindle cell epithelioma - diagnostic and management approach of a rare vaginal tumor
Justus Wambugu, Khadija Warfa
5. Abnormal uterine bleeding due to obstructive endocervical synechiae: A case report
Mary Kiria Koigi, R. Koigi Kamau, Paul Kamau Koigi



PROGRAMME SCHEDULE WEDNESDAY | 19TH FEB 2025 | TRACK 3A

11.45 - 01.00 P.M

TRACK '3A' TOPIC: POLICY AND ADVOCACY FOR MATERNAL HEALTH

Chair: Dr. John Nyamu, **Co-Chair:** Dr. Ayda Wanjiku

1. Strengthening policy advocacy for maternal health: Leveraging multi-stakeholder partnerships to reduce maternal mortality

Christine Adhiambo Oluoch

2. A sub-national government led collaborative approach to sustainably unlock domestic resources towards tackling teenage pregnancy rates across East Africa

Njeri Nyamu, Godfrey Kwena, Kenneth Owino, Njeri Mbugua, Josephine Nabukeera, Peter Kagwe, Rose Mnzava

3. Bridging policy gaps for the deliberate integration of maternal mental health into Kenya's health strategies with community support systems

Sharon Vilegwa Amendi

4. Policy advocacy for the implementation of the Clinical Handbook on the Prevention and Management of the Big 5 Direct Causes of Maternal Morbidity and Mortality in Kenya

Daniel Oketch, Festus Kisamwa

5. Sexual harassment of women of reproductive age from four counties in Kenya: A cross-sectional study

Mary Thiongo, Grace Wamue, Shannon Wood, Peter Kimani, Agness Rinyiru, Michele Decker, Peter Gichangi



PROGRAMME SCHEDULE WEDNESDAY | 19TH FEB 2025 | TRACK 4A

11.45 - 01.00 P.M

TRACK '4A' TOPIC: MATERNAL AND QUALITY IMPROVEMENT

Chair: Dr. Lydia Okutoyi, Co-Chair: Dr. Peter Igogo

1. Enhancing EmONC knowledge and skills competency through a focused mentorship approach in Kuria west-sub county, Migori county

Carren Siele, Winny Cheronu

2. Implementation of the EMOTIVE interventions for early detection and management of postpartum hemorrhage post-trial period: A success story across 19 healthcare facilities in Kenya

Jenipher Okore, Polycarp Oyoo, Jim Kelly Mugambi, Teresia Maina, George Gwako, Alfred Osoti, Zahida Qureshi

3. Blood collection drape for early detection of postpartum hemorrhage innovation: The game changer for maternal health

Jenipher Okore, Polycarp Oyoo, Jim Kelly Mugambi, Teresia Maina, George Gwako, Alfred Osoti, Zahida Qureshi

4. Job satisfaction amongst Kenyan obstetricians and gynecologists

Dorcus Muchiri

5. When addressing resources is not enough: lessons learned from a respectful maternal and neonatal care provider training intervention evaluation in Kenya and Tanzania

Matthea Roemer, Uri Eduardo Ramírez Pasos, Inviolata Wanyama, Esther Lubambi, Angela Argenziano, Patricia Lledo Weber



PROGRAM SCHEDULE WEDNESDAY | 19TH FEBRUARY 2025

01.00 - 02.00 P.M **LUNCH BREAK**

02.00 - 2.45 P.M **Role of PARPi in the management of Ovarian Cancer (SOLO-1, SOLO- 2)**
(Supported by
ASTRAZENECA)

- Speaker: Dr. Edward Sang

Diagnostic markers in Ovarian cancer – BRCAM

- Speaker: Dr. Alan Njau

Panel discussion
Chair: Dr. Benjamin Odongo Elly, Co-Chair: Dr. Alfred Mokomba

2.45 - 5.00 P.M **OPENING CEREMONY (ORDER OF EVENTS)**

- Arrival and Seating of Guests
- Introduction of the Master of Ceremony (MC) (Dr. Musimbi Soita)
- National Anthem and East African Community Anthem
- Opening Prayer (Dr. Lucy Kabare & Dr. Faiza Nassir)
- Entertainment Segment

REMARKS BY

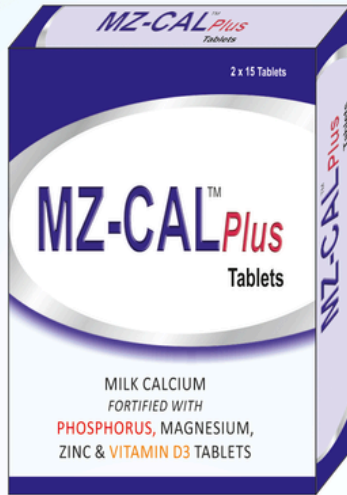
- KOGS President (Dr. Kireki Omanwa)
- Remarks by FIGO President (Prof. Kihara Anne Beatrice)
- Remarks by SHA (Social Health Authority) (Dr. Abdi Mohammed)
- Remarks by Ministry of Health, Head of Department of Family Health (Dr. Bashir Issak)
- Keynote Address by (Dr. Suman Raj Tamkrakar)
- Remarks by Chief Guest of Honour, Governor of Makueni County (Hon. Mutula Kilonzo Junior)

- Entertainment & Cake Cutting
- Vote of Thanks: Delivered by (Dr. Musimbi Soita)
- Photo Session

05.00 P.M ... **TEA BREAK / BEACH TOURNAMENT BY FACILITATOR (DR. SIMON KIGONDU)**

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PROGRAM SCHEDULE THURSDAY | 20TH FEBRUARY 2025

08.00 - 08.45 A.M **Case Presentation from Kenya Medical Practitioners and Dentists Council (KMPDC)**

- Speaker: Dr. David Kariuki

Chair: Dr. Simon Kigundu, Co-Chair: Dr. Diana Marion

08.45 - 09.30 A.M **Beyond The Guidelines: Addressing Barriers To Screening And Treatment Of Anemia During Pregnancy And Utilization Of E-Motive In Postpartum Haemorrhage Through Leadership Development**
(Supported by L.D.I)

- Speaker: Dr. Benjamin Odongo Elly, Dr. Maina Ngoigo & Eunice Atsali

Chair: Dr. Rita Arogo, Co-Chair: Dr. Nathan Thagana

09.30 - 10.15 A.M **COMOC MG: Innovative Suture To Combat Post Partum Hemorrhage**

(Supported by
HEALTHIUM
MEDTECH
LIMITED)

- Speaker: Dr. Mahesh Gupta

Chair: Dr. George Gwako, Co-Chair: Dr. Angela Anzeze

10.15 - 10.45 A.M **TEA BREAK**

10.45 - 11.30 A.M **Pale To Pink: Breakthrough Technology In Oral Iron Therapy**

(Supported by
WALTER
BUSHNELL)

- Speaker: Dr. Ratnabali Chakravorty

Chair: Dr. Grace Wanjiku, Co-Chair: Dr. Sammy Kigotho Maina





PROGRAM SCHEDULE THURSDAY | 20TH FEBRUARY 2025

11.30 - 01.00 P.M **Transforming maternal and perinatal care through Maternal and Perinatal Death Surveillance and Response (MPDSR)**
(Supported by CHAI)
• Panel Discussion

Chair: Dr. Kireki Omanwa, Co-Chair: Dr. Lauryn Mengesa

01.00 - 02.00 P.M **LUNCH BREAK**

02.00 - 02.45 P.M **Role And Significance Of Equipment And Quality Control For Good Practice In (IUF)**
(Supported by SYSMED EAST AFRICA LTD)
• Speaker: Dr. Engin Enginsu

Chair: Dr. Felix Atisa, Co-Chair: Dr. Eglay Nyakoa

02.45 - 03.30 P.M **HIFU for the treatment of Gynaecological Disorders: The South African Experience**
(Supported by HAIFU)
• Speaker: Dr. Chileshe Raphael Mpehle

Chair: Dr. Kireki Omanwa, Co-Chair: Dr. Maureen Owiti

03.30 - 04.00 P.M **TEA BREAK**



PROGRAM SCHEDULE THURSDAY | 20TH FEBRUARY 2025

04.00 - 06.30 P.M **ANNUAL GENERAL MEETING**

07.00 P.M ... **49TH KOGS GALA DINNER (ORDER OF EVENTS)**

1. Guest Arrival & Seating:

Welcoming and ushering of guests.

2. Entertainment:

Enjoy captivating performances to set the tone for the event.

3. Opening Remarks:

Address by the Branch: **(Dr. Musimbi Soita)**

4. Award Ceremony:

Recognition of Excellence.

5. Entertainment:

Additional performances to celebrate the honorees.

6. Closing & Networking:

Guests invited to mingle and enjoy the remainder of the event.





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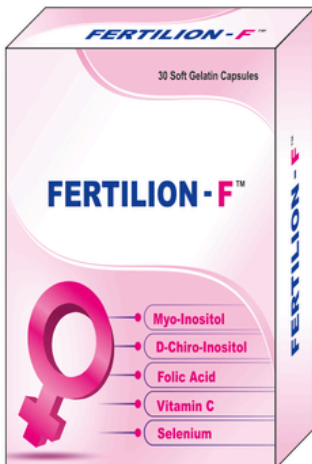
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PROGRAM SCHEDULE FRIDAY | 21ST FEBRUARY 2025

08.00 - 09.20 A.M **TRACK SESSIONS**
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PROGRAMME SCHEDULE FRIDAY | 21ST FEB 2025 | TRACK 1A

08.00 - 09.20 A.M **TRACK '1A' TOPIC: MATERNAL-FETAL MEDICINE**

Chair: Dr. Sikolia Wanyonyi, **Co-Chair:** Dr. Ruth Ochieng'

1. Fetal intracranial hemorrhage - challenges in management: A case series

Martin Odhiambo, Elaine Nyaga, Sikolia Wanyonyi

2. Late and post-term deliveries and associated perinatal outcomes, modified by labor type: A Sub-Saharan Africa and South Asia prospective cohort

Winnie Mwebia, Erin Oakely, Edwin Kiplagat, Erin Arun Singh, Ashwini Kumar, Nida Yazdani, Aman Khan, Anne George, Santosh Benjamin, Charlotte Tawiah, Kwaku Poku, Margaret Kasaro, Bridget Spelke, Victor Akello, Emily Smith, PRISMA Consortium.

3. Mesenteric venous thrombosis with large gut ischemic perforation: A case report

Koigi Kamau, Martin Wanyoike, Kennedy Ondede, Kenneth Khainga, Reuben Okioma, Andrew Kibet, Paul Koigi, Mary Kiria Koigi

4. Correlation between intrapartum ultrasound-derived angle of progression and duration of second-stage of labor: A prospective cohort study

Maryanne Mwangi, Sikolia Wanyonyi, Felix Oindi, Bob Achila

5. Multidisciplinary approach to recurrent acute pancreatitis in pregnancy: A case report and literature review

Gitonga Alex Kaaria, Michael Maina, Muteshi Charles.



PROGRAMME SCHEDULE FRIDAY | 21ST FEB 2025 | TRACK 2A

08.00 - 09.20 A.M **TRACK '2A' TOPIC: POLICY AND ADVOCACY FOR MATERNITY AND QUALITY IMPROVEMENT**

Chair: Dr. Victor Mosesti, **Co-Chair:** Dr. Evan Sequeira

1. Challenges of menstrual hygiene management among women of reproductive age from four counties in Kenya: A cross-sectional study
Peter Gichangi, Mary Thiongo, Shannon Wood, Peter Kimani, Agness Rinyiru, Grace Wamue, Michele Decker
2. Government-Led Policy for Maternal Mortality Reduction
3. Role of Pre-Anaesthetic care in high-risk patients in obstetrics and gynecology: A case report
Peter Igogo
4. Early experiences on use of heat-stable carbetocin as first line for PPH prevention and the WHO first response bundle for PPH treatment in Makuani County in Kenya
Michael Muthamia, Freda Nyaga, Paul Nyachae, Stephen Mwatha
5. Maternal mortality at the Kenyatta National Hospital: A one-year review
Zahida Qureshi, Allan Ikol, Philomena Owende, James Amenge, Alfred Osoji, Lilah Bundi, Khushbu Patel, Bikuu Salma Mohammed, Rukiya Abdulkadir



PROGRAMME SCHEDULE FRIDAY | 21ST FEB 2025 | TRACK 3A

08.00 - 09.20 A.M **TRACK '3A' TOPIC: FAMILY PLANNING AND CONTRACEPTION**

Chair: Dr. Peter Michoma, **Co-Chair:** Dr. Saudah Farqui

1. Accelerating postpartum and post-abortion family planning integration into primary healthcare in Kenya

Njeri Nyamu, Michael Waithaka, Assumpta Matekwa, Duncan Kago

2. The Challenge Initiative (TCI) in East Africa: An inclusive, and innovative partnership model for scaling community engagement interventions to overcome barriers to contraceptive uptake

Njeri Nyamu, Godfrey Kwena, Kenneth Owino, Njeri Mbugua, Josephine Nabukeera, Peter Kagwe, Rose Mnzava

3. Knowledge, attitudes, and practices of men aged 18-35 years towards contraceptive methods in Kiambu Level V Hospital, Kenya

Kelvin Thiga Muriuki, Renee Wena, Maxwell Kozolo

4. Enhancing postpartum family planning uptake in resource-limited settings: Insights from a structured and blended mentorship approach in Makueni County, Kenya

Jane Wausi, Assumpta Matekwa, Michael Waithaka, Jane Kageha, Arthur Mboya, Samuel Kamau, Daisy Ruto.

5. Driving last mile solutions to ensure access to family planning commodities: A case of UNFPA Last Mile Assurance process in Meru, Isiolo, and Tharaka Nithi Counties

Polycarp Oyoo, Charity Koronya



PROGRAMME SCHEDULE FRIDAY | 21ST FEB 2025 | TRACK 4A

08.00 - 09.20 A.M **TRACK '4A' TOPIC: REPRODUCTIVE ENDOCRINOLOGY AND FERTILITY**
Chair: Dr. Paul Koigi, Co-Chair: Dr. Edna Chacha

1. **HYCOSY** - An underutilized but invaluable tool in fertility diagnostic evaluation: Experience from a tertiary referral hospital: A case series
Nancy Kabia, Charles Muteshi
2. Parenthood from the Grave - Postmortem sperm retrieval and cryopreservation: A case report
J Wanyoike Gichuhi, Anitha Francis
3. Laser assisted hatching in in vitro fertilization: A case report and literature review
J Wanyoike Gichuhi, Anitha Francis
4. Embryo pooling in improvement of in vitro fertilization outcome: A case series
J Wanyoike Gichuhi, Anitha Francis
5. Ameliorating effects of vitamin D on anthropometric indices and lipid profiles in polycystic ovary syndrome patients at Mediheal Fertility Centre and Moi Teaching and Referral Hospital, Eldoret - Kenya
Cyprian Mabonga, Kavoo Linge, Richard Mogeni, Grace Achieng



PROGRAM SCHEDULE FRIDAY | 21ST FEBRUARY 2025

09.20 - 10.05 A.M

(Supported by
**FERRING
PHARMACEUTICALS**)

Value Based procurement; A Sustainable Approach to Improving Maternal and Newborn Health Outcomes

- Speakers: Dr. Tom Menge, Dr. Albert Ndwiga, Jackline Mainge, Dr. Eric Chomba, Dr. Onesmus Saidimu, Michael Muthamia

Chair: Samuel Kibonge, Co-Chair: Dr. Fredrick Kairithia

10.05 - 10.50 A.M

(Supported by
BSU)

Burden Of Disease In Rhesus Aluminization Mother

- Speaker: Dr. Rosa Chemwey

Chair: Dr. Mutindi Kakuti, Co-Chair: Dr. Stephen Wanjohi

10.50 - 11.20 A.M

TEA BREAK

11.20 - 12.05 P.M

(Supported by
ELEVATE CARE)

Babychecker Opocus With Computer Aided Diagnosis AI

- Speaker: Dr. Gregory Ganda

Chair: Dr. Alan Ikol, Co-Chair: Dr. Doreen Wekesa

12.05 - 12.50 P.M

(Supported by
CPHD)

MaPEMA (Making POCUS for Every Mother Accessible); Integrating Point-of-Care Ultrasound for Early Screening, Early Management and Early Referral of High-Risk Pregnancies.

- Panelists: Dr. James Amenge, Sandra Kadenge, Dr. Monica Oguttu, Dr. Bernard Olayo, Dr. Jeanne Patrick

Chair: Dr. Sam Mulyanga, Co-Chair: Dr. Philomena Owende





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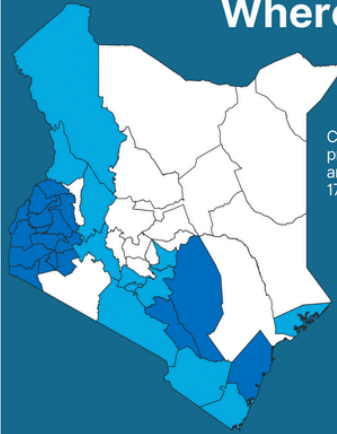
Who We Are

The Center for Public Health and Development (CPHD) is a Kenyan non-governmental organization dedicated to strengthening health systems and improving service delivery for pregnant mothers and newborns. Through innovative, evidence-based solutions, we are bridging healthcare gaps in underserved communities across Kenya.

MISSION

To improve the health outcomes of people living in Africa by providing healthcare solutions informed by evidence and relevant operations research

Where we work



CPHD has implemented projects across 32 counties and has current MoUs with 17 of them.

 Counties with working MOUs with CPHD and/or existing projects

 Counties where CPHD has implemented projects

Our Impact at a glance

Health facilities equipped

500+



Healthcare workers trained

2000+



Lives reached

1M+



Our FRAME Model

At CPHD, we are driven by the urgent need to reduce preventable deaths by addressing gaps in access to quality healthcare. Using our FRAME model we introduce innovative, sustainable solutions tailored for underserved populations. We focus on rural district hospitals providing primary care to communities with limited healthcare access. We equip facilities with lifesaving medical equipment, train healthcare workers, and improve systems to ensure long-term impact



Facilities

Strengthening primary health facilities.



Resources

Investing in equipment and supply chains.



Actors

Training multi-disciplinary teams for better care.



Mechanisms

Advocating policies for systemic change.



Engagement

Partnerships for sustainable solutions.

Our priorities



Maternal & Newborn Care
Enhancing access to life-saving interventions.



Oxygen & Respiratory Care
Ensuring sustainable oxygen supply for critical care



Non-communicable diseases
Strengthening systems for better NCD prevention and management care.

Our Partners

[Click here to our website](#)



Contact us on;

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PROGRAM SCHEDULE FRIDAY | 21ST FEBRUARY 2025

12.50 - 01.50 P.M LUNCH BREAK

01.50 - 03.00 P.M TRACK SESSIONS
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PROGRAMME SCHEDULE FRIDAY | 21ST FEB 2025 | TRACK 1A

01.50 - 03.00 P.M **TRACK '1A' TOPIC: MINIMALLY INVASIVE GYNECOLOGIC SURGERY & FAMILY PLANNING**

Chair: Dr. Chris Mugambi, **Co-Chair:** Dr. Salome Waweru

1. Laparoscopic management of heterotopic pregnancy with ovarian torsion:
A case report
Francis Were, James Njiru, Marian Esiromo
2. Vaginal natural orifice transluminal endoscopic surgery (vNOTES) - experience with a novel surgical approach at Aga Khan University Hospital, Nairobi
Justus Wambugu, Bob Achila
3. Abdominal wall endometriosis at a laparoscopic port site: A case report
Peter Kinyanjui
4. Advancing hysteroscopy: Outcomes and acceptability in an outpatient setting
Khadija Janoowala
5. Strengthening family planning using the total market approach (TMA)
APolycarp Oyoo, Charity Koronya



PROGRAMME SCHEDULE FRIDAY | 21ST FEB 2025 | TRACK 2A

01.50 - 03.00 P.M

TRACK '2A' TOPIC: DIGITAL HEALTH SOLUTIONS, MATERNAL & PELVIC HEALTH REHABILITATION

Chair: Dr. Muthoni Ritho, **Co-Chair:** Dr. Charles Muteshi

1. Collaborative partnerships and AI-driven innovation to prevent maternal mortality across Kenya

Josephine Were

2. Urodynamic studies, diagnostic and therapeutic approaches to female voiding dysfunction: A retrospective review

Justus Wambugu, Bob Achila

3. Obstetric fistula stigma reduction through rehabilitation and reintegration strategies: Learnings from Makueni County, Kenya

Mary Muthengi, Daisy Ruto, Christine Muia, Doris Mbithi

4. Media - A powerful tool in debunking myths and misconceptions and unmasking obstetric fistula. A case study in Makueni County, Kenya

Kiiru Samuel, Ruto Daisy, Muia Christine, Muthengi Mary

5. Reducing obstetric fistula surgical backlog through a routine service delivery model in Makueni County, Kenya: A promising approach

Christine Muia, Daisy Ruto, Mary Muthengi, Samuel Kamau



PROGRAMME SCHEDULE FRIDAY | 21ST FEB 2025 | TRACK 3A

01.50 - 03.00 P.M **TRACK '3A' TOPIC: PEDIATRIC AND ADOLESCENT GYNECOLOGY & COSMETIC GYNECOLOGY**

Chair: Dr. Francis Were, **Co-Chair:** Dr. Kristina Sule

1. Transverse vaginal septum complicated with hematometrocolpos in a preteen girl: A case report
Stephen O. Samba, Virginia Kofie-King, Stephen Mutiso
2. Transverse vaginal septum management and challenges: A case report
Stephen O. Samba, Virginia Kofie-King, Stephen Mutiso
3. Vaginal Botox and serial sedated and at home vaginal dilatation for treatment of primary vaginismus: A case report
K.A. Sule, F.O. Were, Stephen Gwer
4. Horseshoe retractor for vaginoperineoplasty: A case report
K.A. Sule, F.O. Were



PROGRAMME SCHEDULE FRIDAY | 21ST FEB 2025 | TRACK 4A

01.50 - 03.00 P.M **TRACK '4A' TOPIC: MATERNAL-FETAL MEDICINE/DATA SHARING & RESEARCH COLLABORATION**

Chair: Dr. Raute Nick, **Co-Chair:** Dr. Zainab Mohammed

1. The use of ultrasound and other markers for prediction and prevention of early-onset preeclampsia: A review

Allan Adungo Ikol

2. Prenatal diagnosis and management of fetal cervical teratoma - insights into intrauterine neck masses: A case report

Deus Muhirwa, Chemwey Rosa

3. Obstetrics point-of-care ultrasound: Current status in Kenya

Peter Gichangi, Jeane Patrick, Albert Ndwiga, Mercynlyn Mokeira, Eric Wafuko, Edward Serem

4. Bacterial vaginosis in pregnancy and its obstetric outcomes in Kenya: A systematic review

Samwel R. Gesaka, Merna A. Estreed, Amara Kandimalla, David Adoyo, Lucy Mwangi, Festus Mulakoli, Paul Koigi, Moses M. Obimbo, Simiat O. Elias

5. Challenges of retrospective study, lessons and opportunities

Felix Nyagaka, Joshua Nyabicha, Mukaindo Mwaniki, Ingrid Gichere, Felix Oindi

6. Implementing and Optimizing Risk Screening for Pre-Eclampsia: PEARLS Trial (Preventing pre-eclampsia: Evaluating AspiRin Low-dose regimens following risk Screening)

Jenipher Okore, Mark Sigei, Teresia Maina, Dr. Rosa Chemwey, Dr. George Gwako, Prof. Alfred Osoi, Prof. Zahida Qureshi



PROGRAM SCHEDULE FRIDAY | 21ST FEBRUARY 2025

03.00 - 03.30 P.M **CLOSING CEREMONY**

- Curtain call
 - Congress resolution highlights: (Dr. Dan Oluoch & Dr. Kennedy Onyango)
 - Closing Prayer
-

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Thank You

