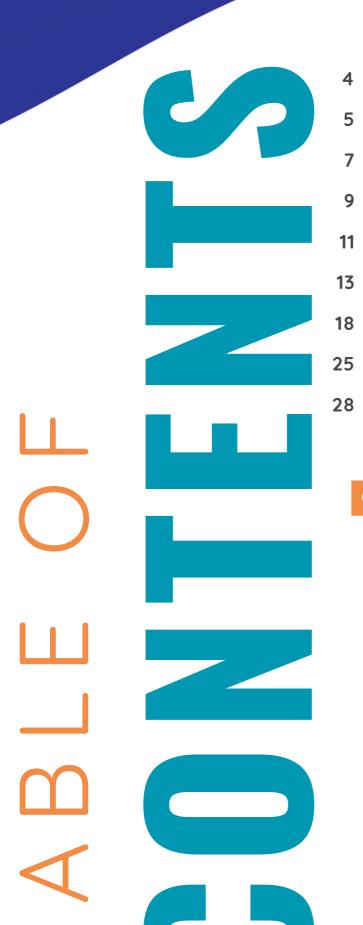
# **48TH KOGS ANNUAL SCIENTIFIC CONGRESS**

WHA OBSTETRIC

AND GUIL PECOLOGICA

THEME: RE-IMAGINING REPRODUCTIVE AND MENTAL HEALTH FOR UHC: FROM BENCH TO BEDSIDE AND BEYOND

DATE: 12TH TO 16TH FEBRUARY 2024 VENUE: Sarova Whitesands Hotel, Mombasa



LIST OF EXHIBITORS ACKNOWLEDGMENT MEET THE TEAM ABOUT KOGS MESSAGE FROM THE PRESIDENT PRECONGRESS WORKSHOPS PROGRAMME: 14TH FEB 2024 (WEDNESDAY) PROGRAMME: 15TH FEB 2024 (THURSDAY)

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# ACKNOWLEDGEMENT

The 48th Kenya Obstetrical and Gynaecological Society (KOGS) Annual Scientific Congress is as a result of efforts of many individuals and partners led by the KOGS Council.

The KOGS Council acknowledges the contributions, commitment and technical support from all who participated in the face to face meetings and the many virtual meetings that culminated in the success of the congress.

Our gratitude also goes to KOGS Coast Branch and Chairpersons from various branches for their dedication and commitment and providing an enabling environment for this important exercise. Our appreciation goes to the secretariat staff who steered the process including Gabriella, Maulida, Rollence, Clare and Ian under the leadership and coordination of Dr. Benjamin O. Elly, President Emeritus.

Finally, we are indebted to the Sponsors and Partners who provided financial support. They have also been recognized in the industry support and exhibition section of the program including the KOGS website.

It is not possible to mention all individuals and organizations that participated in this.

To all of you, AsanteSana!

# HON. SECRETARY GENERAL Prof. Moses Obimbo



## **NATIONAL ANTHEM**

Ee Mungu nguvu yetu Ilete baraka kwetu Haki iwe ngao na mlinzi Natukae na undugu Amani na uhuru Raha tupate na ustawi

Amkeni ndugu zetu Tufanye sote bidii Nasi tujitoe kwa nguvu Nchi yetu ya Kenya Tunayoipenda Tuwe tayari kuilinda

Natujenge taifa letu Ee, ndio wajibu wetu Kenya istahili heshima Tuungane mikono Pamoja kazini Kila siku tuwe na shukrani O God of all creation Bless this our land and nation Justice be our shield and defender May we dwell in unity Peace and liberty Plenty be found within our borders

Let one and all arise With hearts both strong and true Service be our earnest endeavour And our homeland of Kenya Heritage of splendour Firm may we stand to defend.

Let all with one accord In common bond united Build this our nation together And the glory of Kenya The fruit of our labour Fill every heart with thanksgiving.

### **EAST AFRICA ANTHEM**

Jumuiya Yetu sote tulinde Tuwajibike tuimarike Umoja wetu ni nguzo yetu Idumu Jumuiya yetu.

1.Ee Mungu twakuomba ulinde Jumuiya Africa Mashariki Tuwezeshe kuishi kwa amani Tutimize na malengo yetu

2. Uzalendo pia mshikamano Viwe msingi wa Umoja wetu Natulinde Uhuru na Amani Mila zetu na desturi zetu.

3. Viwandani na hata mashambani Tufanye kazi sote kwa makini Tujitoe kwa hali na mali Tuijenge Jumuiya bora We should protect/guard our community We should be committed and Stand strong Our unity is our anchor Long live our community

Oh God we pray
 For preservation of the East African
 Community;
 Enable us to live in peace;
 May we fulfill our objectives;

2.Patriotism and togetherness Be the pillars of our unity May we guard our independence And peace Our culture and traditions

3. Industries and farmsWe should work togetherWe should work hardWe should build a better community

## **MEET THE TEAM**

### **KOGS COUNCIL MEMBERS:**

- DR. KIREKI OMANWA KOGS PRESIDENT
- PROF. MOSES OBIMBO HON. SECRETARY GENERAL
- DR. RUTH WAMAE HON. TREASURER
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### **KOGS SECRETARIAT:**

- GABRIELLA UMUBYEYI
- MAULIDA SALIM
- ROLLENCE ODIWUOR
- IAN OCHIENG'
- CLARE NANJALA

### **CONTACT US:**

KMA Center, 4th Floor Suite 407, at the junction of Mara/ Chyulu Road,Upperhill P.O Box 19459-00202, Nairobi, Kenya

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Email:	kogs@kogs.or.ke	<u>,</u>
	conference@kog	js.or.ke
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### LIST OF KOGS PAST CHAIRPERSONS

YEAR	NAME
1976 — 1977	Dr. P.L .Candler
1977 — 1978	Dr. S.M .Mathai
1978 – 1981	Prof. J.K.G .Mati
1981 — 1982	Dr. S. Mathai
1982 - 1984	Dr. D. Waghmarae
1984 - 1986	Dr. B.S .Khehar
1986 — 1988	Dr. S.W .Musilla
1988 — 1993	Dr. D.V .Dhupa
1993 — 1997	Prof. S.B.O Ojwang
1997 – 2001	Dr. Ochiel S
2001 – 2005	Prof. J.G Karanja
2005 - 2009	Prof. Omondi Ogutu
2009 - 2010	Dr. Njoroge Waithaka
2010 - 2013	Prof. Boaz Otieno Nyunya
2013 — 2016	Dr. Kihara Anne Beatrice
2017 - 2020	Dr. Benjamin Odongo Elly
2021 - Present	Dr. Kireki Omanwa

# **ABOUT KOGS**

Kenya Obstetrical and Gynecological Society (KOGS) is a professional not-for-profit society established in 1975, under the Societies Act (cap 108) of the Laws of Kenya, with the aim of bringing together gynecologists and obstetricians from all over the Republic of Kenya.

The organization is open to and draws its membership based on its constitution consisting of four categories which include full, associate, honorary and corporate membership. Full membership comprises founder members and registered to practice qualified medical gynecologists and obstetricians in Kenya; Associate membership includes either qualified medical gynecologists or obstetricians in Kenya or individuals involved in disciplines other than obstetrics and gynecology who in the opinion of the Council contribute to the progress of the Society, Art and Science; Honorary membership comprising individuals of high standing in society and in the profession who in the opinion of Council have made important contributions to the field or cause of obstetrics and gynecology; and Corporate membership which may be conferred by the Council to any society, company,organization or any other body corporate in recognition of significant monetary or other value contribution to the Society in advancement of the Society's objectives and interests of obstetrics and gynecology.

KOGS members are guided by the WHO's "five-star doctor" principles of a Health Professional, namely; being a health care provider; learner/teacher; researcher; manager of resources and a leader.

#### The society is guided by its fundamental principles of its objectives and mandate including;

- 1. Encouraging a high standard of practice in the art and science of obstetrics and gynecology in Kenya in order to attain the best possible level of health for the women and children in Kenya
- 2. Encouraging and assisting in the teaching of obstetrics and gynecology in Kenya.
- 3. Promoting friendship and exchange of ideas among the obstetricians and gynecologist in Kenya.
- 4. Holding periodic meetings of the members of the Society and of the medical profession generally for scientific and social purposes.
- 5. Establishing and maintaining liaison whether by meeting or correspondence or otherwise with other medical societies throughout the world.
- 6.Publishing a periodical journal (JOGECA) at such intervals as shall be deemed necessary by Council of the society to disseminate current academic and research findings hence enhancing knowledge related to the discipline.

## **KOGS VISION, MISSION AND VALUES**

### • Our Vision

• To be a world class society, advocating for sexual and reproductive well-being of women, families and communities.

### Our Mission

• To champion provision of quality and value added sexual and reproductive health rights (SRHR) services through leadership, advocacy, mentorship, training and research.

### Our Core Values

Our fundamental core values are;

- 1. Professionalism
- 2. Collaboration
- 3. Integrity
- 4. Compassion
- 5. Creativity and innovativeness

### Strategic Pillars

- 1. Leadership and Governance
- 2. Mentorship, Education and Training
- 3. Advocacy
- 4. Research and Development
- 5. Membership
- 6. Growth and Business Development
- 7. Community Engagement
- 8. Collaboration and Partnerships

# **Message from the President**

It brings me immense joy and gratitude to reflect on the past and the journey of KOGS as an organization. KOGS has celebrated momentous occasions and navigated through challenges that have tested its resilience. With the KOGS celebrating its 48th anniversary, I believe that the next phase involves not only sustaining the growth we have achieved but also in understanding and cultivating the impact of such growth. This requires a more targeted approach, emphasizing quality over quantity and measuring success by the depth of influence and impact rather than sheer scale.

Our work directly impacts the lives of women who are daughters, wives, and mothers with their own personal goals. Let's make sure that we support them to achieve their life's ambition.

In this congress, let us reflect on the guiding theme: "RE-IMAGINING REPRODUCTIVE AND MENTAL HEALTH FOR UHC: FROM BENCH TO BEDSIDE AND BEYOND." This is in line with the WHO response to Mental Health Promotion and Prevention interventions including care and treatment whereby member states have committed to implementing the comprehensive mental health action plan 2013-2030.

This aims at improving mental health by strengthening effective leadership and governance, providing comprehensive, integrated and responsive community-based care, implementing promotion and prevention strategies, and strengthening information systems, evidence and research.

I express my deepest gratitude to each one of you for increasing KOGS' positive impact through your commitment, passion, and unwavering support. Together, let us move forward with the shared purpose of making KOGS an even greater force for positive change.

# KOGS PRESIDENT Dr. Kireki Omanwa





# **PROF. KIHARA AB MERIT AWARDS**

Pioneer Graduate, Master of Medicine (Obstetrics and Gynaecology): (MASENO)



Best Undergraduate Students in Obstetrics and Gynaecology: (JKUAT)





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#### PERKS OF ATTENDING:

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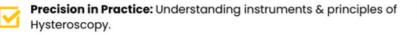




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48TH KOGS ANNUAL SCIENTIFIC PRE-CONGRESS WORKSHOP

#### LEADERSHIP MASTERY WORKSHOP (13TH FEB 2024)

IGC



13 February, 2024 8:00 AM TO 2:30 PM SAROVA WHITESANDS Mombasa County

20 SLOTS AVAILABL

#### PERKS OF ATTENDING:

Amplify Your Impact: Instigate positive change in maternal and newborn health.

Lead with Confidence: Advocate for evidence based-clinical practice and guidelines.

Breaking Maternal Health Barriers: Acquiring Results based leadership skills.

Redefine Your Role: Redefine your impact in maternal health.

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# 48TH KOGS ASC PROGRAMME | PAGE 15

**© REGISTER** 

IENTIFIC PRE-CONGRESS WORKSHOP

COMPREHENSIVE APPROACH ON PREVENTING AND MANANGING PPH WORKSHOP (13TH FEB 2024)

48TH KOGS ANNUAL SC



### EMPOWERING MATERNITY CARE PROFESSIONALS: A COMPREHENSIVE APPROACH TO PREVENTING AND MANAGING POSTPARTUM HAEMORRHAGE

SAROVA WHITESANDS

Mombasa County

13 February, 2024 8:00 AM TO 1:00 PM **30 SLOTS AVAILABLE!** 

#### **TOPICS OF DISCUSSION**

- Expert Insights: Gain invaluable knowledge from renowned experts in the field of maternity care
- Practical Guidance: Receive hands-on guidance on implementing the FIGO recipe and WHO roadmap
- Networking Opportunities: Connect with a diverse community of healthcare professionals in maternity care

Country-Specific Focus: Understand the unique challenges and opportunities in preventing and managing PPH in Kenya

Interactive Sessions: Engage in interactive sessions that go beyond traditional workshops

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ELIMINATING PREVENTABLE MATERNAL MORTALITIES IN KENYA BY 2030 WORKSHOP (13TH FEB 2024)

48TH KOGS ANNUAL SCIENTIFIC PRE-CONGRESS WORKSHOP

USAID C

# ACHIEVING SDG 3.1: ELIMINATING PREVENTABLE MATERNAL MORTALITIES IN KENYA BY 2030

13 February, 2024 2:00 PM TO 5:00 PM

SAROVA WHITESANDS Mombasa County

#### 40 SLOTS AVAILABLE!

### **TOPICS OF DISCUSSION:**

- Foster strategic partnerships aimed at achieving SDG 3.1.
- Monitoring and Evaluation for Elimination of Maternal Mortality.
- Research & Evidence for Elimination of Maternal Mortality.
  - Communications for Elimination of Maternal Mortality.
- Policy and Governance for Elimination of Maternal Mortality.
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Greater grassroots impact

Beneficiary participations and a rights-based approach

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Creation of PPPs & social enterprises for long-term sustainability

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## OUR PARTNERS



**VENUE: JOHARI, SAROVA WHITESANDS HOTEL** 

### TIME: 8:45 AM TO 9:30 AM

**PLENARY SESSION** 

#### COORDINATORS

**NATORS** Chair: Dr. Kireki Omanwa, Co-Chair: Dr. Diana Ondieki

• PLENARY DETAILS • PLENARY SESSION (SHIVANI): Erasing the Enigma of IVF Lab Setup Speaker: Dr. Kersi Avari

TIME: 9:30 AM TO 10:15 AM

**PLENARY SESSION** 

**COORDINATORS** Chair: Dr. Ruth Wamae, Co-Chair: Dr. George Gwako

PLENARY DETAILS

• PLENARY SESSION (FERRING): Ending Preventable Maternal Mortality: Accelerated action towards prevention and treatment of PPH : The Kenyan Roadmap Speakers: Vishal Shah,Oleg Zhurov, Prof. Qureshi, Hon. M.Kilonzo, Daisy Ruto, Jackline Mainye, Prof. Ann Kihara, E. Serem, P. Amoth, Paul Musila

TIME: 10:15 AM TO 10:30 AM

**TEA BREAK** 

TRACK SESSION (7 MINUTES PER SESSION)

### TIME: 10:30 AM TO 11:30 AM

TRACK 1A VENUE:	BARAZA 1 ,Sarova Whitesands
COORDINATORS	Chair: Dr. Alice Isika, Co-Chair: Dr. Victoria Gamba
TOPIC:	MATERNAL FETAL MEDICINE
DETAILS	<ol> <li>Complex umbilical cord entanglement: A case report (Francis Were, James Njiru, Elly Odongo, Marian Esiromo)</li> <li>Notal teeth: A rare case report and management strategies (James Njiru, Francis Were, Elly Odongo, Marian Esiromo)</li> <li>Abruptio placenta, Couvelaire uterus following sever early onset preeclampsia: A case report (Felix Nyagaka, Felix Oindi, Evan Sequeira)</li> <li>Uterine rupture in the first trimester: A case report and literature review (Mutiso Steve Kyende, Oindi Felix Mwembi, Mundia Debbie)</li> <li>Hayman compression sutures – an underutilized tool for management of uterine atony and postpartum hemorrhage (Mjahid Hassan, Joan Okemo)</li> <li>Bridging the gap: Implementation science, knowledge translation, and innovation for advancing maternal health SDG goals (Kizito Lubano)</li> <li>Measurement of safe and respectful mother baby-family maternity care in exit interviews following facility childbirth at Lwala Community Health Centre (Carren Cheronoh Siele)</li> <li>Minimum services package for integration of female genital schistosomiasis in sexual and reproductive health services in Kenya (Victoria Gamba, Robinson Karuga, Millicent Ouma, Florence Wakesho, Leora Pillay, Christine Kalume, Delphine Schlosser, Caroline Pensoti)</li> <li>Refreshed implementation strategy for respectful maternity care through policy dialogue in Kenya (Shanon McNab, Erick Odipo, Isabella Ochieng, Paul Odila, Suzanne Stalls Susan, Moffson Angeline Mutinga)</li> <li>Congenital neonatal haemochromatosis with recurrent neonatal deaths in a 40 years old woman - a diagnostic nightmare A case report (Faiza Nassir, Nawal Alyan, Abdul Lavingia, Musimbi Soita, Rehema Shee)</li> </ol>

### **Question & Answer Period**

TRACK SESSION (10 MINUTES PER SESSION)

### TIME: 10:30 AM TO 11:30 AM

TRACK 2A VENUE:	BARAZA 3 ,Sarova Whitesands Hotel
COORDINATORS	Chair: Dr. R. Moemi , Co-Chair: Dr. Afrin Fatima
TOPIC:	GYNAECOLOGIC ONCOLOGY
DETAILS	<ol> <li>A successful pregnancy outcome with a large ruptured juvenile granulosa cell tumor: A case report (Khushboo Jayant Sonigra, Salma Bashir Yussuf, Cynthia Tenai, Alfred Mokomba, Kireki Omanwa)</li> <li>Mortality factors in high and ultra-high-risk gestational trophoblastic neoplasia at Moi Teaching and Referral Hospital: A decade-long observational study (Amina R. Hassan, Peter M. Itsura, Barry P. Rosen, Allan L. Covens, Afrin F. Shaffi, Elly B. Odongo, Anisa W. Mburu, Wilmot L. Smith, Sharon K. Moturi, Ronald K. Too, Chia M. Ayeah, Phillip K. Tonui)</li> <li>Information need factors affecting pain experience among patients with cervical cancer stages III and IV at the Kenyatta National Hospital: A descriptive phenomenology (Joel Ooko Ojwando, Dorcas Waithira Maina, Esther Nafula Wekesa, Eunice Cheptoo Cheserem)</li> <li>The Every Woman Study (EWS) in Kenya: Identifying challenges and opportunities to improve survival and quality of life for women with ovarian cancer (Afrin F. Shaffi, Amina Rashid, Anisa W. Mburu, Elly B. Odongo, Clara Mackay, Frances Reid)</li> </ol>

**Question & Answer Period** 

TRACK SESSION (8 MINUTES PER SESSION)

TIME: 10:30 AM TO 11:30 AM

TRACK 3A VENUE:	JOHARI ,Sarova Whitesands
COORDINATORS	Chair: Dr. Francis Were , Co-Chair: Dr. K. A. Sule
TOPIC:	COSMETIC GYNAECOLOGY, GYNAECOLOGIC ONCOLOGY
DETAILS	<ol> <li>Challenges in cosmetic gynecology surgeries: A case series (COSMETIC GYNAECOLOGY) (Francis Were, James Njiru, Benjamin O. Elly)</li> <li>Cosmetic gynecology - positively impacting mental and menstrual health (COSMETIC GYNAECOLOGY) (K.A. Sule, F.O. Were)</li> <li>Labia minoraplasty: The balance between technique and untoward effects (COSMETIC GYNAECOLOGY) (K.A. Sule, F.O. Were)</li> <li>Massive post vaginoplasty retrovaginal hematoma: A case report (COSMETIC GYNAECOLOGY) (K.A. Sule, F.O. Were)</li> <li>A snapshot of the landscape of endometrial cancer in Kenya: Implications of recent updates in pathological classification (GYNAE-ONC) (Olivia Chesikaw, Erick Chesori, Afrin Fatima, Anisa Mburu, Khadija Warfa, Natalie Banet, Aliyah Sohani, Allan Njau, Jonathan Wawire)</li> <li>Resource limited guidelines in cancer care (GYNAE-ONC) (Khadija Warfa)</li> <li>Cervical cancer prevention in Western Kenya in the vaccine era (GYNAE-ONC) (Hillary Mabeya)</li> </ol>

**Question & Answer Period** 

TRACK SESSION (10 MINUTES PER SESSION)

TIME: 10:30 AM TO 11:30 AM

TRACK 4A VENUE:	BARAZA 2,Sarova Whitesands
COORDINATORS	<b>Chair:</b> Dr. Peter Igogo, <b>Co-Chair:</b> Dr. Carol Odula
TOPIC:	EVIDENCE BASED MEDICOLEGAL DIALOGUE ON SRH IN KENYA
DETAILS	<ul> <li>Qualitative research to advance social, norms initiatives of the RHRA – Mombasa County, HAKI Jamii and RHRA Study (Peter Igogo, Carol Odula)</li> </ul>
	PANEL DISCUSSION

**Question & Answer Period** 

### **VENUE: JOHARI, SAROVA WHITESANDS HOTEL**

### TIME: 11:40 AM TO 12:25 PM

#### **PLENARY SESSION**

**COORDINATORS** Chair: Dr. Kihara AB, Co-Chair: Dr. Kireki Omanwa

- PLENARY DETAILS PLENARY SESSION (HAIFU): Application of focused ultrasound surgery in OBGYN Speaker: Prof Hongmei Rosie Xing
  - Treating Uterine Fibroids without a knife; A Nigerian experience **Speaker: Dr. Abayomi Bolaji Ajayi**

#### TIME: 12:25 PM TO 1:10 PM

**PLENARY SESSION** 

**COORDINATORS** Chair: Dr. Richard Mogeni, Co-Chair: Dr. Angela Wekesa

- PLENARY DETAILS
   PLENARY SESSION (CIPLA): UTI: The role of the Gynaecologist in the emergence and spread of Antimicrobial Resistance
   Speaker: Dr. Philomena Owende-Wandayi
  - Post market surveillance study: Uncomplicated Urinary tract infections **Speaker: Dr. Christina Mwachari**

TIME: 1:10 PM TO 2:05 PM

LUNCH

TIME: 2:15 PM TO 3:00 PM

**PLENARY SESSION** 

**COORDINATORS** Chair: Dr. Dan Oluoch, Co-Chair: Dr. Hellen Munyao

PLENARY DETAILS
 PLENARY SESSION (MEGA WE CARE): Challenges in Obstetric Care from a developing nation perspective.
 Speaker: Dr. Binu Joy

### **VENUE: JOHARI, SAROVA WHITESANDS HOTEL**

### TIME: 3:00 PM TO 5:00 PM

**OPENING CEREMONY** 

- Guests seated
- Master of Ceremony: Prof. M. Obimbo
- National Anthem
- East African Anthem
- Opening Prayers: Dr. Beverly Mitei & Dr. Nassir Shaaban
- Entertainment

### Remarks by:

- 🖙 KOGS President: Dr. Kireki Omanwa
- ⇒ FIGO Chairman of Scientific Committee: Prof. Stephen Rulisa
- ⇒ FIGO President: Dr. Kihara AB
- ⇒ Welcoming remarks: County Government Mombasa
- ⇒ UNICEF Country Representative: Shaheen Nilofer
- ⇒ First Lady of Makueni County: Anita Mutula
- ⇒ Keynote Address: Dr. Frank Njenga
- Cabinet Secretary, Ministry of Health: Ms. Susan Nakhumicha

### Entertainment/Cake Cutting

Vote of Thanks: By Hon. Sec Gen Prof. Obimbo

Photo Session

TIME: 5:00 PM ONWARDS

TEA BREAK/BEACH TOURNAMENT

### **THURSDAY 15TH FEBRUARY 2024**

### **VENUE: JOHARI, SAROVA WHITESANDS HOTEL**

#### TIME: 8:00 AM TO 8:45 AM

#### **PLENARY SESSION**

#### **COORDINATORS** Chair: Dr. Simon Kigondu, Co-Chair: Dr. Souha Athman

PLENARY DETAILS • PLENARY SESSION (KMPDC): Medical legal issues in Obstetrics and Gynaecology: The intersection between law and medicine Speaker: Dr. David G Kariuki

#### TIME: 8:45 AM TO 9:30 AM

#### PLENARY SESSION

#### COORDINATORS Chair: Prof. Moses Obimbo, Co-Chair: Dr. Benjamin O.Elly

- PLENARY DETAILS
   PLENARY SESSION (Leadership Development Initiative): Gender & Power in Women's Health leadership: Mapping the drivers and barriers.
   Speaker: Anya Metzer
  - Insights from a midwifery perspective on Gender in Maternal Healthcare **Speaker: Eunice Atsali**

#### TIME: 9:30 AM TO 10:15 AM

### PLENARY SESSIONS

#### **COORDINATORS** Chair: Dr. Jeniffer Othigo, Co-Chair: Dr. Jackline Mulunda

 PLENARY DETAILS
 PLENARY SESSION (ABBOTT): Menopausal Hormonal Therapy: Perspectives for Patient, Provider and Policy maker
 Speaker: Dr. Philomena Owende-Wandayi

#### TIME: 10:15 AM TO 10:30 AM

### TEA BREAK

### **THURSDAY 15TH FEBRUARY 2024**

### **VENUE: JOHARI, SAROVA WHITESANDS HOTEL**

#### TIME: 10:35 AM TO 11:20 AM

#### **PLENARY SESSION**

#### **COORDINATORS** Chair: Dr. Joe Wanyoike, Co-Chair: Dr. Eglay Nyakoia

PLENARY DETAILS
 PLENARY SESSION (HARLEY'S): Recent advances in the use of Micronutrients & Inositol in PCOS Therapy
 Speaker: Dr. Mohit Saraogi

#### TIME: 11:20 AM TO 12:05 PM

PLENARY SESSION

**COORDINATORS** Chair: Prof. Omondi Ogutu, Co-Chair: Dr. Cheryll Cole

PLENARY DETAILS • PLENARY SESSION (ABBOTT): Role of progestogens and Abnormal Uterine bleeding Speaker: Dr. Kireki Omanwa

#### TIME: 12:05 PM TO 12:50 PM

**PLENARY SESSION** 

**COORDINATORS** Chair: Prof. Koigi Kamau, Co-Chair: Dr. Mahesh Chudasana

- PLENARY SESSION (AMS): Improving outcomes in IVF Speaker: Dr. Attila Vereczkey
  - Endometrium; What is the optimal preparation? Speaker: Dr. Diana Kerubo Ondieki

TIME: 1:00 PM TO 2:00 PM

LUNCH

**THURSDAY 15TH FEBRUARY 2024** 

VENUE: JOHARI, SAROVA WHITESANDS HOTEL

TIME: 2:00 PM ONWARDS

ANNUAL GENERAL MEETING

TIME: 7:00 PM ONWARDS

**GALA DINNER** 

- Guests seated
- Entertainment
- Remarks by Branch Secretary: Dr. Musimbi Soita

### Award Ceremony:

### Best Undergraduate Students in Obstetrics and Gynaecology: (JKUAT)

- Dr. Amos Ogega
- Dr. Aywa Mona Omukunda

### Pioneer Graduate, Master of Medicine (Obstetrics and Gynaecology): (MASENO)

- Dr Steven Juma Odhiambo
- Entertainment

### **VENUE: JOHARI, SAROVA WHITESANDS HOTEL**

#### TIME: 8:00 AM TO 8:45 AM

**PLENARY SESSION** 

**COORDINATORS** Chair: Prof. Alfred Osoti, Co-Chair: Dr. Bett Arap Chemalan

 PLENARY DETAILS
 PLENARY SESSION (AMREF): Achieving SDG 3.1: Eliminating Preventable Maternal Mortalities in Kenya by 2030
 Speaker: Dr. Chris Barasa

TIME: 8:45 AM TO 9:30 AM

PLENARY SESSION

**COORDINATORS** Chair: Dr. Ikol Adungo, Co-Chair: Dr. Mutindi Kakuti

 PLENARY DETAILS
 PLENARY SESSION (CPHD): Policy and Regulatory Alignment for Point of Care Ultrasound and Artificial Intelligence enabled POCUS for Pregnancy Risk Stratification in Kenya (MaPEMA project) Speaker: Dr. Isaac Theuri

TIME: 9:30 AM TO 10:15 AM

**PLENARY SESSION** 

**COORDINATORS** Chair: Dr. Kireki Omanwa, Co-Chair: Dr. Evans Ogoti

PLENARY DETAILS
 PLENARY SESSION (UNFPA): The role of MPDSR and MNH advocacy teams in ending preventable maternal and neonatal mortality (EPMM & ENAP)
 Speaker: Dr. Mary Maina & Dr. Ann Khisa

TIME: 10:15 AM TO 10:35 AM

TEA BREAK

### **VENUE: JOHARI, SAROVA WHITESANDS HOTEL**

### TIME: 10:45 AM TO 11:30 AM

#### **PLENARY SESSION**

**COORDINATORS** Chair: Dr. Kennedy Onyango, Co-Chair: Dr. Diana Marion

PLENARY DETAILS
 PLENARY SESSION (PSM Pharma / Med Companion): New approach to tame 'SPASM'
 Pain cycle
 Specker Dr. Mesos Maine Nacisa

Speaker: Dr. Moses Maina Ngoigo

#### TIME: 11:30 AM TO 12:15 PM

PLENARY SESSION

**COORDINATORS** Chair: Dr. Joan Okemo, Co-Chair: Dr. James Nondi

PLENARY DETAILS
 PLENARY SESSION (MERIL ENDOSURGERY): Role of barbed suture in laparoscopic hysterectomy
 Speckers Mr. James Checks & Dr. Bruce Some

Speaker: Mr. James Chacko & Dr. Bruce Semo

#### TIME: 12:15 PM TO 1:00 PM

PLENARY SESSION

**COORDINATORS** Chair: Dr. Wycliffe Kosgei , Co-Chair: Dr. Hafsa Jin

 PLENARY DETAILS
 PLENARY SESSION (BSV): Isoimmunization: An underappreciated reproductive risk – Call to action from KOGS
 Speaker: Prof. Moses Obimbo

TIME: 1:00 PM TO 2:00 PM

LUNCH

**TRACK SESSION (8 MINUTES PER SESSION)** 

TIME: 2:00 PM TO 3:00 PM

TRACK 1A VENUE:	BARAZA 1 ,Sarova Whitesands
COORDINATORS	Chair: Dr. David Ndingori , Co-Chair: Dr. Vitalis Okola
TOPIC:	MATERNAL FETAL MEDICINE
DETAILS	<ol> <li>Validation of a modified obstetric early warning system for predicting severe maternal outcome at a tertiary referral facility in Western Kenya (Daniel Kioko, Edwin Were, Wycliffe Kosgei)</li> <li>Cesarean section through posterior uterine wall and subsequent subtotal hysterectomy: A case report (Alice K Isika, Wekesa)</li> <li>Predictors of hydrops fetalis infants by mode of delivery (Philippe P. Amubuomombe, Wycliffe K. Kosgei, Richard M. Mogeni, Ms. Sarah K. Esendi, Ruth Ngeleche, Paul Nyongesa, Irene Koech, Jignesh K. Jesani, Esther Wanjama, Rajshree K. Hirani, Emily Chesire, Audrey K. Chepkemboi, Deborah V. Makasi, Vahista J. Shroff, Bett C. Kipchumba, Pallavi Mishra, Philip Kirwa, Wilson K. Aruasa, Ann Mwangi, Elkanah O. Orang'o)</li> <li>Placenta pancreta involving the bladder (Alice Isika)</li> <li>Fetal lower urinary tract obstruction caused by sacrococcygeal teratoma: A case report (Maryanne Mwangi, Sikolia Wanyonyi)</li> <li>Medical management of Ogilvie's syndrome post-caesarean: A case report (Victor Wanjohi, Karuri, Waruingi)</li> <li>Non-immune hydrops fetalis (NIHF) in a primigravida at third trimester: A case report (Rehema Shee, Nawal Alyan, Abdulrahman Lavingia, Faiza Nassir)</li> </ol>

**Question & Answer Period** 

**TRACK SESSION (8 MINUTES PER SESSION)** 

### TIME: 2:00 PM TO 3:00 PM

TRACK 2A VENUE:	BARAZA 3 ,Sarova Whitesands Hotel
COORDINATORS	Chair: Dr. Dorcus Muchiri , Co-Chair: Dr. Douglas Mwaniki
TOPIC:	BENIGN GYNAECOLOGY, FAMILY PLANNING (2 PRESENTATIONS)
DETAILS	<ol> <li>The impact of an educational intervention on the knowledge of bilateral tubal ligation among women attending antenatal and family planning clinics in Bomet County: An interventional study (FAMILY PLANNING) (Lydiah Wangui Ngigi, Francis Muriithi Githae, Jonathan Nthusi)</li> <li>Utilization of immediate postpartum family planning among women in Homabay and Vihiga Counties (FAMILY PLANNING) (Cynthia Muhambe, Alinda Ndenga, Erick Odipo, Dan Rambo, Hassan Nyawanga)</li> <li>Integrating Sexual Medicine in Obstetrics and Gynecology Practice: Highlights from The Sexual Medicine Fellowship Program (Joachim Osur)</li> <li>Epidemiology of sexual dysfunctions in Kenya: The case of patients seen at the Sexology Clinic, Nairobi, Kenya (J. Osur, R. Maithya, C. Muya, E. Muinga)</li> <li>Factors associated with sexual dysfunctions in Nairobi, Kenya (Joachim Osur)</li> <li>Clinical profile and outcomes of endoscopic surgery patients during a mobile gynecological surgery program in low and middle-income communities in Kenya (Bruce Semo, Dennis Mureithi, Misheck Njukia)</li> <li>A spotlight on Menopause in Africa (Muchiri Dorcus, Marleen Temmerman, Abdu Mohiddin)</li> <li>Reproductive outcomes in patients with Mullerian duct anomalies - to intervene or not?: A case series (Mwaniki D.K., Odhiambo M.O)</li> </ol>

**Question & Answer Period** 

**TRACK SESSION (6 MINUTES PER SESSION)** 

TIME: 2:00 PM TO 3:00 PM

TRACK 3A VENUE:	JOHARI ,Sarova Whitesands
COORDINATORS	Chair: Dr. Violet Okech, Co-Chair: Dr. Paul Koigi
TOPIC:	MENTAL HEALTH, RH POLICY & TRANSLATIONAL SCIENCE
DETAILS	<ol> <li>The role of lactation specialists in maternal health and improvement of maternal mental health (Mental Health) (Wangeci Kihara)</li> <li>The role of multidisciplinary approach in maternal health and mental health outcomes (Mental Health) (Wangeci Kihara)</li> <li>Unveiling the silent struggle - navigating the intersection of mental Health and endometriosis: A case series (Mental Health) (Maryanne Mwangi, Felix Oindi, Charles Muteshi)</li> <li>Echinococcosis managed as ovarian cyst with ascites in a young adult with mental disability: A case report (Mental Health) (Mwaniki D.K., Ochieng C.O.)</li> <li>Disablism and ableism but often we remain "blind": They need Quality SRHR (Mental Health) (Kihara Anne-Beatrice, Wanjiku Elizabeth Shirleen, Obara Samuel, Kabare L )</li> <li>Mental health in women's health (Mental Health) (Anne Beatrice Kihara, Angela Anzeze, Alice Kaaria, Moses Madadi Obimbo, Pius Akivanga Kigamwa)</li> <li>Responding to preventable causes of maternal and perinatal deaths in Homabay County (RH POLICY &amp; TRANSLATIONAL SCIENCE) (Hassan)</li> <li>Health systems barriers to SRHR access and quality in relation to family planning and contraception (RH POLICY &amp; TRANSLATIONAL SCIENCE) (Anne Beatrice Kihara, Lucy Kabare, Chris Barasa, Paul Kamau Koigi)</li> </ol>

**Question & Answer Period** 

TRACK SESSION (10 MINUTES PER SESSION)

TIME: 2:00 PM TO 3:00 PM

TRACK 4A VENUE:	BARAZA 2,Sarova Whitesands
COORDINATORS	Chair: Dr. Gathari Ndirangu , Co-Chair: Dr. Claire Mwangi
TOPIC:	OBSTETRICS, RH POLICY & TRANSLATIONAL SCIENCE
DETAILS	<ol> <li>Youth-led social accountability amongst service providers optimizing SRHR outcomes in Kilifi County, Kenya (RH POLICY &amp; TRANSLATIONAL SCIENCE) (Kihara Anne-Beatrice, Wanjiku Elizabeth Shirleen, Obara Samuel)</li> <li>Harnessing global networks to drive country evidence-based reproductive health practice towards Universal Health Coverage (RH POLICY &amp; TRANSLATIONAL SCIENCE) (Gathari Ndirangu Gichuhi)</li> <li>Randomized trial of early detection and treatment of postpartum hemorrhage (OBSTETRICS) (I. Gallos, A. Devall, J. Martin, L. Middleton, L. Beeson, H. Galadanci, F. Alwy Al-beity, Z. Qureshi, G.J. Hofmeyr, N. Moran, S. Fawcus, L. Sheikh, G. Gwako, A. Osoti, A. Aswat, KM. Mammoliti, K.N. Sindhu, M. Podesek, I. Horne)</li> <li>A missed mummified twin abdominal pregnancy: A case report (OBSTETRICS) (Claire Mwangi, Maxwell Murage, Ronald Moemi, Alfred Mokomba)</li> <li>EMOTIVE Trial: Sustaining capacity building of healthcare providers in early detection and treatment of postpartum hemorrhage in 11 facilities in Kenya (OBSTETRICS) (Jenipher Okore, Polycarp Oyoo, Joan Mwende, Teresiah Maina, George Gwako, Alfred Osoti, Zahida Qureshil)</li> </ol>

**Question & Answer Period** 

**TRACK SESSION (9 MINUTES PER SESSION)** 

TIME: 3:00 PM TO 4:40 PM

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TOPIC:MATERNADETAILS1.Perception	Tung'ani Muchiri, <b>Co-Chair</b> : Dr. Cyprian Michieka <b>AL FETAL MEDICINE</b> of health care providers on quality of oxytocin across six EMOTIVE Trial sites in Kenya <b>ende, Polycarp Oyoo Jennifer Okore, Jim Kelly Mugambi, Teresiah Maina, George</b>
DETAILS 1. Perception	of health care providers on quality of oxytocin across six EMOTIVE Trial sites in Kenya
Gwako, Al 2. Postpartum Jennifer O Zahida Qu 3. Early versu at Moi Teac Philip Tonu 4. Twin-to-twi Michael Mo 5. Retroplace Mumenya, 6. Effect of a units in Kiau Magangi, I 7. Approache Mjahid, Jou 8. A training p	is late discharge from hospital for low-risk parturients after spontaneous vaginal deliveries ching and Referral Hospital, Eldoret, Kenya: A randomized control trial (Franklin Munene, ii, Elly B Odongo) in transfusion syndrome – challenges in management: A case series (Martin Odhiambo, aina, Sikolia Wanyonyi) ntal hematoma in pregnancy: A case report (Tung'ani Muchiri, Grace Wanjiku, Lydia Esther Mutie) Structured Integrated Obstetric Triage Model (SIOTEL) on patient waiting time in maternity mbu County: A quasi experimental study (Carolyne Kerubo Nyariki, Cyprian Michieka Mary Maina, Grace Wambura Mbuthia, Erick Yegon) s to management of ovarian cysts in pregnancy: A case series (Michael Maina, Hassan
Haldeman,	, <mark>Mena Ramos, Kevin Bergman</mark> ) rm abdominal pregnancy: A case report ( <b>Nyongesa K. Reuben, Otadoh M. O. Caren,</b>

**Question & Answer Period** 

TRACK SESSION (9 MINUTES PER SESSION)

TIME: 3:00 PM TO 4:40 PM

TRACK 2A VENUE:	BARAZA 3 ,Sarova Whitesands Hotel
COORDINATORS	Chair: Dr. Mary Koigi, Co-Chair: Dr. Kushboo Jayant
TOPIC:	MINIMALLY INVASIVE SURGERY, REPRODUCTIVE ENDOCRINOLOGY AND FERTILITY, GYNAECOLOGIC ONCOLOGY
DETAILS	1. Laparoscopic surgery: My Journey (MINIMALL INVASIVE SURGERY) (Rafique Parkar)
	<ol> <li>Natural conception following multiple surgeries for endometriosis: A case report (REPRODUCTIVE ENDOCRINOLOGY AND FERTILITY) (Justus Wambugu, Felix Oindi, Evan Sequeira)</li> <li>A retrospective analysis of semen parameters amongst males at an Infertility clinic in Nairobi, Kenya (REPRODUCTIVE ENDOCRINOLOGY AND FERTILITY) (Khushboo Jayant Sonigra, Almas Ramadhani Juma, Kireki Omanwa, Jael Obiero, David. K. Mwaura, Atunga Nyachieo)</li> <li>Ovarian follicular waves in ovulation induction in assisted reproduction techniques (REPRODUCTIVE ENDOCRINOLOGY AND FERTILITY) (Wanyoike Gichuhi)</li> <li>The value of aspirin in assisted reproductive technology (REPRODUCTIVE ENDOCRINOLOGY AND FERTILITY) (Mary Kiria Koigi, R. Koigi Kamau, Paul Kamau Koigi)</li> <li>Primary ovarian insufficiency – a challenging diagnosis: A case series (REPRODUCTIVE ENDOCRINOLOGY AND FERTILITY) (Sahil Omar, Mital Vaya, Kireki Omanwa)</li> <li>Lowering the cost of fertility treatments: A reality or a mirage? (REPRODUCTIVE ENDOCRINOLOGY AND FERTILITY) (Edgar Gulavi, Alfred Murage)</li> <li>Uptake and outcomes of mild ovarian stimulation for in vitro fertilization in Africa: A systematic review (REPRODUCTIVE ENDOCRINOLOGY AND FERTILITY) (Paul Kamau Koigi, Akanksha Tripathi)</li> <li>Empty follicle syndrome – an ART disaster: A case report (REPRODUCTIVE ENDOCRINOLOGY AND FERTILITY) (Reuben Koigi Kamau, Paul Kamau Koigi, Mary Kiria Koigi, Anitha Francis, Gerald Moniz)</li> <li>Progestins for pelvic endometriomas: Lessons learned from surgical management (REPRODUCTIVE ENDOCRINOLOGY AND FERTILITY) (Koigi Kamau, P. Kamau Koigi, Mary Kiria Koigi)</li> <li>Progestins for pituitary suppression during ovarian stimulation for ART (REPRODUCTIVE</li> </ol>
	ENDOCRINOLOGY AND FERTILITY) (Wanyoike Gichuhi)
	<ol> <li>Phyllodes breast tumor in a patient on hormonal replacement therapy for primary ovarian failure with chronic kidney disease, hypertension with dilated cardiomyopathy and diabetes mellitus (GYNAE- ONC) (Lauryn Mengesa, Daki Dido, Dorcas Muchiri, Philomena Owende)</li> </ol>
	2. Management challenges for gestational trophoblastic neoplasia in a 54-year-old woman: A case report (GYNAE-ONC) (Faiza Nassir, Rehema Shee, Tanwira Chiragdin, Rishad Shoshi)
	3. Secondary malignancy in vulva cancer patient – HPV-induced field cancerization: A case report (GYNAE-ONC) (Faiza Nassir, Rehema Shee, Abdul lavingia, Nawal Alyan)
	Question & Answer Period

TRACK SESSION (10 MINUTES PER SESSION)

TIME: 3:00 PM TO 4:40 PM

TRACK 3A VENUE:	JOHARI ,Sarova Whitesands
COORDINATORS	Chair: Prof. P. M. Ndavi , Co-Chair: Dr. Hamadi Riggah
TOPIC:	PAEDIATRIC AND ADOLESCENT GYNAECOLOGY, BENIGN GYNAECOLOGY
DETAILS	<ol> <li>A person-centred approach for FGM prevention: Results of a multi-country, cluster randomized trial (PAEDIATRIC AND ADOLESCENT GYNAECOLOGY) (Ndavi P, Balde, Ahmed AM, Soumah AM, Esho T, Diriye AM, Munyao J, Kemboi J, Sall AO, Diallo A, Abdirahman S, Ahmed W, Mochache V, Stein K, Nosirov K, Thwin SS, Petzold M, Pallitto CC)</li> <li>Vaginal foreign bodies in pediatric population - presentation, diagnostic challenges, and role of vaginoscopy: A case series (PAEDIATRIC AND ADOLESCENT GYNAECOLOGY) (Justus Wambugu, Khadija Warfa)</li> <li>Factors influencing access to and utilization of youth-friendly sexual and reproductive health services in Isiolo County, Kenya (PAEDIATRIC AND ADOLESCENT GYNAECOLOGY) (Polycarp Oyoo, Michael Waithaka, Assumpta Matekwa, Jane Kageha, Jane Wausi, Arthur Mboya, Njeri Nyamu)</li> <li>Addressing delayed diagnosis of OHVIRA syndrome for improved women's health in Africa (PAEDIATRIC AND ADOLESCENT GYNAECOLOGY) (Adongo SAD, Omar NS, Azhary J, Loh SYE, Nur Azurah AG, AA Zainuddin)</li> <li>Lipschutz ulcers – acute genital ulceration in a 17-year-old: A case report (PAEDIATRIC AND ADOLESCENT GYNAECOLOGY) (Adongo SAD, Foran T, Grover S)</li> </ol>
	<ol> <li>Interstitial cystitis – a diagnostic dilemma: A case report (BENIGN GYNAECOLOGY) (Doreen Osoro, Johnstone Miheso)</li> <li>Superficial angiomyxoma of the vulva: A case report and literature review (BENIGN GYNAECOLOGY) (Elaine Nyaga, George Wanjau, Abraham Mukaindo)</li> <li>High intensity frequency ultrasound (HIFU) non -invasive targeted therapy the new vogue in globus treatment of benign and cancerous solid tumours and rejuvenation procedures (BENIGN GYNAECOLOGY) (Kihara Anne B, Kireki Omanwa, Owiti Maureen, Kinuthia, Mukwana R, Inwani, Kamuri, Kosgei R, Cheserem E)</li> </ol>

**Question & Answer Period** 

**TRACK SESSION (9 MINUTES PER SESSION)** 

TIME: 3:00 PM TO 4:40 PM

TRACK 4A VENUE: BARAZA 2, Sarova Whitesands

**COORDINATORS** Chair: Dr. Rosa Chemway, Co-Chair: Dr. Johnstone Miheso

TOPIC: MATERNAL FETAL MEDICINE

DETAILS

 Use of the non-pneumatic anti-shock garment and a postpartum hemorrhage first response care bundle to improve maternal survival following obstetric hemorrhage in Migori County, Kenya (Carren Cheronoh Siele1, Meshack Malenya Wafula)

2. Audit of assisted vaginal deliveries at Aga Khan University Hospital (Johnstone Miheso)

3. Mesenteric ischemia in pregnancy - a catastrophe: A case report (Mital Vaya, Sahil Omar, Kireki Omanwa, Fatma Agil)

4. Complete mole co-existing with a normal fetus in a dichorionic diamniotic pregnancy: A case report (Mwangi Maryanne, Mjahid Hassan, Wambugu Justus, Wanyonyi Sikolia)

5. Prevalence and pattern of blood and blood components utilization at the Kenyatta National Hospital Maternity Unit in 2022-2023: A cross-sectional study (Elias Walubengo Wakoli, George Nyakundi Gwako, Philomena Akoth Owende)

6. Renal failure in a PET patient requiring hemodialysis and subsequent termination of pregnancy: A case report (Johnstone Miheso)

7. Rhesus alloimmunization in pregnancy - a tertiary care center experience in Kenya: A case report (Rukia Gang'ombe, Rosa Chemwey)

8. Point of care ultrasound, today, tomorrow and the future – the place for task sharing (Peter Gichangi, Mercylyn Mokeira, Eric Wefukho, Patricia Owira, Edward Serem)

9. Management considerations in the context of multiple obstetric comorbidities: A case report (Paul Kamau Koigi, Angela Anzeze, Mary Kiria Koigi, R. Koigi Kamau, Atul Patel)

**Question & Answer Period** 

### **VENUE: JOHARI, SAROVA WHITESANDS HOTEL**

### TIME: 4:40 PM TO 5:00 PM

- Curtain call
- Congress resolution highlights: Hon Sec Gen. Prof. Moses Obimbo
- Closing Prayer

### **ABSTRACTS FOR POSTER PRESENTATION**

### **AUTHORS & TITLE:**

- 1. Sigmoid volvulus in pregnancy: A case report and literature review (Nyaga Elaine, Mutiso Steve)
- 2. Bladder endometriosis diagnostic and management challenges: A case report (Justus Wambugu, Bob Achila)
- 3. Blood loss monitoring chart, a game changer in postpartum hemorrhage detection and treatment: A direct observation study in 7 EMOTIVE trial hospitals in Kenya (Polycarp Oyoo, Kristie-Marie Mammoliti, Jennifer Okore, Jim Kelly Mugambi, Joan Mwende, George Gwako, Alfred Osoti, Zahida Qureshi.)
- 4. Enhancing data accuracy and reliability in maternal and child health: A success story from MCGL (Alinda Ndenga, Erick Odipo, Dan Rambo)
- 5. Use of maternity open days initiative to increase access to comprehensive Maternal and Neonatal health services and improve quality outcomes at Lwala Community Health Centre, in Rongo sub county, Migori County (Carren Siele)
- 6. Prevalence, characteristics, and associated determinants for postpartum depression amongst adolescent mothers in Kenyatta National Hospital and Pumwani maternity hospital in March to July 2023: A prospective, cross-sectional study (Gathoni Muriithi)
- 7. Impact of group antenatal care model at Machakos County referral hospital, Kenya (Alice Isika, Sheila, Matheka)
- 8. Vitamin D, Anti Mullerian Hormone and Glycemic Status In Infertile PCOS, Infertile Non PCOS and Fertile Non PCOS at Mediheal Fertility Center -Western Kenya (Mabonga Cyprian, Kavoo Linge, Magutah Karani, Mongeni Richard, Kweri Joseph)



# **48TH KOGS ANNUAL SCIENTIFIC CONGRESS**

